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### Maryland State Police Recognize Trooper And Non-Commissioned Officer Of the Year



Sgt. Watson

TFC Wildman

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State Trooper Named 'Fittest Cop'

(PIKESVILLE, Md.) — Col. William Pallozzi recently recognized sworn and civilian employees of the year at barracks and units throughout the Department, which culminated with the announcement of the statewide 2017 Trooper, Non-Commissioned Officer, Police Communications Supervisor and Police Communications Operator of the Year.

The statewide Trooper of the Year award was presented to TFC John Wildman of the Aviation Command, Frederick Section. The Non-Commissioned Officer of the Year was awarded to Sergeant Allen L. Watson, of the Special Operations Division, Emergency Services Unit.

TFC John Wildman has been with the Maryland State Police since 2015. TFC Wildman is an active trooper who successfully blends his experience as a paramedic with his passion for law enforcement.

In 2017, TFC Wildman led the Aviation Command in all criminal and traffic enforcement categories. He responded to 83 medevac missions, ranging from pediatric patients being struck by vehicles to adult victims of violence.

TFC Wildman effectively performed numerous invasive procedures to treat patients in life-threatening situations, including endotracheal intubations, chest decompressions and tourniquet applications. He was involved in five rapid sequence intubations in 2017.

Sergeant Allen Watson joined the Maryland State Police in 2008 and was assigned to the La Plata Barrack, where he was a leader in traffic and criminal enforcement. He was selected to become a member of the Special Operations Division Emergency Services Unit in 2013.

Between 2013 and 2017, Sergeant Watson helped organize and lead 252 Mobile Field Force Missions that ranged from disaster recovery, search and rescue, public order, counter terrorism, dignitary protection and other special events.

In 2017, Sergeant Watson was critical to the success of the Emergency Services Unit's mission. During that time, he helped plan and facilitate 37 Mobile Field Force missions and 67 training days for department personnel. Sergeant Watson served as the assistant Maryland State Police detail commander during the Baltimore Ravens eight home games and was primarily responsible for the prevention of vehicle borne terrorist attacks while supervising 15 troopers during these operations.

In October of last year, Sergeant Watson was off-duty in his police car in Prince George's Co., when he intervened in a fight between two men at a bus stop. The men had stabbed each other. Sgt. Watson provided emergency care to one and gave responding officers a description of the other. Both men survived and were charged.





PCO Laning

### Maryland State Police Recognize Police Communications Operator and Supervisor of the Year

The statewide Police Communications Supervisor of the Year award was presented to Sydney D. Sarrichio, of the Rockville Barrack. The 2017 Police Communications Operator of the Year award was won by Police Communications Operator II Bradley C. Laning, of the Centreville Barrack.

Police Communications Supervisor Sarrichio initially began his career with the State Police as an intern at the Rockville Barrack. While attending the University of Maryland, he was hired as a contractual police communications operator in 2006. He became a fulltime employee in 2007.

PCS Sarrichio is trilingual. He fluently speaks Spanish, English and Danish. He often uses his language abilities to assist non-English speaking individuals who either call or visit the barrack. Displaying initiative, PCS Sarrichio created a letter in both English and Spanish that is sent out to wanted individuals in an effort to have them turn themselves into PCO Laning shows leadership qualities in his ability to authorities. Since his appointment as PCS, he has had nearly 400 warrants withdrawn and destroyed, assisting not only the criminal section with full workups, but also the barrack troopers.

In May 2017, a distraught grandmother walked into the barrack and said she was receiving emergency texts from her goddaughter. PCS Sarrichio was able to determine a third party was using the goddaughter's cell phone in an attempt to extort money from the elderly woman.

Police Communications Operator II Laning began his dispatcher career in 2009 when he was hired by the Maryland Department of Transportation Authority. He joined the Maryland State Police in July 2015 as a PCO I. He completed the Police Communications Training and developed into a proficient police communications operator II.

In 2017, PCO Laning demonstrated consistent reliability and dedication to the Centreville Barrack. In July 2017, PCO Laning displayed true dedication to the Maryland State Police and the citizens of Maryland when a tornado destroyed his home in Kent Island. The Laning family was left without a place to live and was forced to stay in a hotel for two months during repairs. Despite the large disruption in his life, he used only five days of leave before returning to his scheduled shifts.

work unsupervised and without the need for direction. He relentlessly sought out additional knowledge and training to further his abilities as a police communications operator. He often uses his personal time and resources to compile advanced training.

PCO Laning developed a directory of all authorized towing services. Troopers are now able to easily print and provide information to citizens about the destination of their towed vehicles right from the patrol car printer.







#### Westminster Barrack Gets First Female Commander

(Westminster, MD)- Lt. Rebecca Bosley has been selected as the new commander for Westminster Barrack. Lt. Bosley's promotion is not only a significant moment in her own life, but also breaks barriers as Westminster's first female barrack commander. She doesn't see it as significant, but knows it could be to other people.

"As far as significance, it is not significant to me," she wrote in an email to Carroll County Times. "However, I do understand that it may be significant for other people, and it is important to have role models, so I understand that it is important to show a younger generation that having a

leadership position and being female is possible."

Lt. Bosley believes essential skills in her new role will include her leadership training and excellent communication.

According to the Carroll County Times, Lt. Bosley values "speaking with the community" and "transparency and fairness."

To read more about Lt. Bosley's career and her new position with the Westminster Barrack, check out <u>this</u> <u>article</u> in the Carroll County Times.



### Troopers Save Attempted Suicide Victim

#### Safety Tip of the Month

If you or anyone you know is experiencing mental illness, seek help.

The Maryland Suicide Hotline can be reached at (800) 422-0009.

The National Suicide Prevention Lifeline can be reached at (800) 273-8255

(North East, MD)- On April 15, 2018 just after 5:00 p.m., troopers from the North East Barrack responded to the Chesapeake City Bridge on MD 213/ Augustine Herman Highway in Elkton, for a man who reportedly parked his vehicle on the crest of the bridge in the middle of the roadway. The man then walked to edge of the railing of the bridge and stopped.

Upon the arrival of troopers, the man refused to speak with anyone and said if took him into custody. he saw another officer approach he would jump. Both north and southbound lanes of the Chesapeake City Bridge were closed. A perimeter was established consisting of United States

Coast Guard, Cecil County Fire Department and the Cecil County Sheriff's Office. Troopers on scene attempted to talk the man away from the edge. Other units held the perimeter awaiting the arrival of negotiators.

While holding the scene, the man attempted to move his body over the ledge of the bridge. Senior Trooper Proctor and Trooper First Class York talked the man back from the ledge and

The man was then transported to Union Hospital for an examination.

The bridge was re-opened shortly after 6:00 p.m.

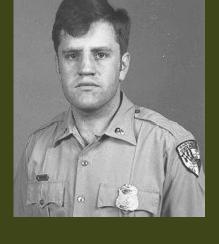


# 30th Anniversary of Line-of-Duty Death of Trooper First Class Eric D. Monk

(Princess Anne)- The Princess Anne Barrack held a memorial service on April 9, 2018 to mark 30 years since the death of Trooper First Class Eric D. Monk.

Thirty years ago, TFC Monk was working traffic enforcement at the Route 13 north rest area in Westover. While conducting a traffic stop on the shoulder of the road, he was struck by an oncoming vehicle. TFC Monk was transported to the R Adams Cowley Shock Trauma Center in Baltimore where he succumbed to his injuries two days later on April 9, 1988. He was 34 years old.

Born in Salisbury and raised in Crisfield, TFC Monk graduated in the 76th Maryland State Police Academy Class on June 6th, 1977. TFC Monk served the citizens of Maryland for 11 years as one of Maryland's Finest. During his service he received 27 letters of commendation, recognition and appreciation from multiple community groups.













# State Trooper Again Named 'Fittest Cop' in MD How Many 'Double-Under' Reps Can You Do?

(PIKESVILLE, MD) - A Maryland State Police trooper committed to physical fitness has again been ranked the 'fittest cop' in the state after competing in a series of CrossFit® workouts.

Sergeant Brian Schweers, of the Special Operations Division, has been ranked CrossFit's fittest cop in Maryland, after completing a competition series of five workouts over five weeks. This is his second consecutive year winning this title. He is also ranked as the fifth fittest cop in the Mid-Atlantic region and the 60th fittest police officer in the world, according to CrossFit rankings.

CrossFit describes its program as 'varied functional movements performed at high intensity.' Exercises in this year's competition included dumbbell front squats, bar-facing burpees, and workouts described as ring muscle-ups and bar muscle-ups. The 'muscle-up' regimens involved multiple rounds of 100 repetitions of 'double-under,' which is jumping rope, but the rope must past under you not once, but twice, before your feet hit the ground. That was followed by overhead squats, muscle-ups on the overhead rings,

another set of 100 'double-unders,' dumbbell snatches, more double-unders, and then bar muscle-ups. These varied and intense exercises use weights, aerobics and a limited amount of time to challenge the strength, flexibility, intensity and endurance of the athlete.

Sgt. Schweers understands the benefits of being physically fit, especially in a career as a police officer. His fitness level enables him to endure the rigors of his assignment in the Special Operations Division as a member of the Special Tactical Assault Team Element, the Maryland State Police SWAT Team.

Physical training is a major emphasis in the Maryland State Police Academy for incoming trooper candidates. Programs are in place to encourage continued physical fitness throughout a trooper's career.

Sgt. Schweers works out at Prodigy Fitness in Essex, MD. Further information about the CrossFit workouts and competition is available at https://games.crossfit.com/